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Trainee Placement Programme

Quetzal offers long-term counselling to women survivors of childhood sexual abuse. Quetzal has a robust trainee package set up specifically for students studying counselling and psychotherapy. Working with survivors of childhood sexual abuse comes with its own challenges, however our specialist training, and continuous support from the Clinical Lead makes this a safe, interesting and an extremely rewarding placement.

Entry into our Trainee Placement Programme requires:

- That you are studying a Level 4 (or equivalent) of a Counselling or Psychotherapy Diploma and have been authorised by your training institution to start your placement hours.
- That you are a student member of the BACP or an equivalent governing body.
- That you can make a commitment of a minimum of one year.
- That you can take on a minimum of two clients.
- That you can carry out your placement hours at the Quetzal Offices (there is free parking provided for volunteers).
- There is an option to complete your hours remotely; you will need your own laptop for this.
- You are subscribed to Quetzal group supervision, which is offered free of charge. If you need additional supervision to meet training requirements, we can also provide a list of Quetzal supervisors for individual sessions.
- That you have completed a minimum of 10hours personal therapy in your first academic year of L4 (or equivalent) before you start your client work.
- You are required to complete three mandatory training sessions, all of which are recorded and available online. After completing the training, you must submit a reflective piece of writing exploring your implicit processes.

Our Commitment to you:

- You will receive specialist training in how to work with survivors of Childhood Sexual Abuse.
- We will ensure that you receive all the relevant risk assessment, safeguarding training and the information you need to be able to work with your clients in an ethical and safe way.
- We will train you in how to use and work with monitoring systems so you can see the progress your client is making on a weekly basis.
- We have a steady stream of client referrals and assessments, so you will be able to meet all your placement hours without the need to find another placement.
- We will offer free trauma informed CPD training and workshops throughout the year.
- With our Clinical Lead, qualified and experienced counsellors as well as five other supervisors available throughout the week, you will not be left unsupported. There will always be an opportunity to debrief before or after your sessions if you need it.

- We will offer you free emergency supervision.
- With our counselling appointments available from 09.00am-20.00pm we can work around your schedule and commitments.

As a women-only service and due to the nature and sensitivity of the service delivered, it is an occupational requirement under the Equality Act 2010, Part 1, and Schedule 9 for the placement counsellor to be female.