



### **May 2017 Newsletter.**

Time is flying past and here we are in May. It has taken me a little time to get a newsletter out as I have had further, planned surgery. I am now recovered and up to date with what has been going on at Quetzal. Most of you will know about most of the things on the newsletter but just in case you have missed anything here is a short catch up!

#### **Pamper Day!**

I was lucky that I was well enough to attend this event which was held in my village. It was really well organised with lots of volunteer therapists as well as those organising the refreshments, registration, the tombola and spot prize. When I arrived everyone seemed to be having a fun time! Personally I found choosing between the lovely cakes really difficult! Two of my daughters had treatments, at £10 each they were good value for money. One of my daughters relaxed so much she actually had to be woken up! So a successful event that raised £1,000 for our work. As usual Paige and Julie were much in evidence. A lot of work went into the planning and delivery and I would like to thank both Julie and Paige and especially Julie's mum who found the therapists for us.

#### **Easy Fundraising.**

I have to say that I have been disappointed by the response to this scheme. There are only 18 active members making money for Quetzal. It doesn't raise loads but every little does help to support our work. Those of us taking part have just passed our first £100 mark.

Could you join us? All it means is that instead of going straight onto your favourite shopping sites you have one extra click to make to go via Easy Fundraising. I have now got into the habit of buying all my books for my Kindle this way....it doesn't raise much but it gives me a great feeling

knowing Quetzal gets something. Please contact Paige if you're not sure how to get started. [paige@quetzal.org.uk](mailto:paige@quetzal.org.uk)

### **Lloyds Funding.**

I just want to let you know that along with the funding Lloyds gave us over the next 2 years we have also been offered some opportunities which we hope to take up. We will be meeting with a representative from Lloyds to discuss an area where they can support us in moving the organisation forward. I have also applied to attend a 9 day training event over the next year. This takes place in London ( all expenses paid!) it focuses on leadership and management and making the organisation secure for the future. Places are limited so I have to wait and see if I am offered one.

### **Events – past and future!**

As Pam has already said we have had our first Pamper Day. And no one as shocked as me as how successful it was.

Thank you to those who donated tombola prizes. I'm hoping to do the event again next year.

Our Wolf Runners are well underway in raising their sponsor money. Only one month to go.

Harpreet, one of our counsellors is taking part. She has a sponsor form on the board in the office. So please, next time you are in, sponsor her and help her reach her target. Thank you to those who have already done so.

We have just received news that after being a token charity in John Lewis from February – April, we are being given £990. This is a fantastic result. In the next month expect an email from me about how we can learn from this success and with the help of all of you we can raise some more funds.

Finally, we are putting together a fundraising team, so if you a family member or friend would like to become one please contact me or application forms are available on the website. I'm also advertising this on our social media so would appreciate if you could share the posts. The more help we have the more money we can raise for Quetzal.

Paige

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### **Changes!**

Julie and Paige have now moved in to their office on the first floor. This has created a quieter office downstairs for Farah and Kaneez. It has also made space for counsellors who need to be in there. This should mean counsellors can have access to the files etc. plus be able to talk to Farah or Kaneez more easily.

### **Finally.....**

I just want to remind you that if you are concerned about anything related to Quetzal, big or small, you can share it with us. You can speak to Farah or if you want to speak to me just e mail me and I can be available. If you have any good ideas that you think would make life better for clients or volunteers please share them. The Trustees are open to suggestions, requests and even complaints! We want Quetzal to be an efficient, effective organisation but we also want people to be happy here so if you can help us do that would be great. I certainly don't get into the project every week so I rely on others to keep me informed about what's going well and what's not.

Pam Weston, Chair of the Board of Trustees.

If you want to get in touch with me please e mail [pam.weston@me.com](mailto:pam.weston@me.com) or call me on 0781 008 0537.